

music for THE TAO OF WOMAN

a cycle of poems by
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METAL CHIMES



♩ = 69 forceful

First system of musical notation for Metal Chimes. The piano part (treble and bass staves) features dynamics of *ff*, *pp*, *ff*, *pp*, *p*, *mf*, and *pp*. The bass line includes *Red.* markings with asterisks and some rhythmic notation.

Second system of musical notation for Metal Chimes. The piano part includes dynamics of *mf*, *p*, *ff*, *pp*, *f*, and *p legato*. The bass line includes *8vb* markings, *loco* markings, and *Red.* markings with asterisks. The instruction *delicate* is placed above the piano staff.

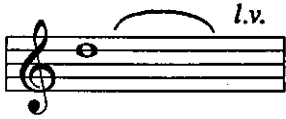
Third system of musical notation for Metal Chimes. The piano part includes dynamics of *p*, *mp*, *mp*, *p*, and *ppp*. The instruction *poco rall* is placed above the piano staff.

tempo

The musical score is written for piano. The first system consists of four measures. The right hand plays a melodic line with a descending eighth-note pattern, while the left hand provides a bass line with a similar rhythmic pattern. The second system also consists of four measures, featuring a more complex texture with multiple voices in both hands. Dynamics include *p* (piano), *f* (forte), *sfz* (sforzando), and *ff* (fortissimo). A 'Led.' marking is present in the first system, and an '8vb' marking is in the second system.

A bold woman is the beginning of holiness:
 her wholeness resides in the earth.
 The bold woman births all that comes into being.
 Ever bold, she can see what is whole.
 Ever birthing, she can see the earth.
 These two twins come from the same mother
 whose darkness enlightens us
 regarding the mystery which is woman
 and the gate to all mystery
 which is woman.

GLOCK.



♩ = 84 subdued

♩ = 144 explosive

Womb and tomb complement each other.

Daughter and crone contrast each other.

Queen and witch rest upon each other.

Blood and flowing harmonize each other.

Female and male follow one another.

Therefore the wise woman exults in doing nothing
in speaking of nothing

and the ten thousand things breathe with her
planting yet not claiming power.

New life is grown, then let go.

METAL CHIMES



♩ = 80 bright and crisp

Not lifting up the goddess prevents division.

Not lifting up the god prevents division.

They are one and all.

Not hoarding gems prevents disease.

Not coveting what is beautiful prevents privilege.

The wise woman rules by filling her heart
and her belly, by growing her bones
instead of ambition.

If women lack cunning and hunger
then theorists will not try to control them.

All is done well: nothing will be.

GLOCK.

A single musical note on a treble clef staff with a fermata above it and the marking "l.v." to its right.

♩ = 96 expansive

The first system of the musical score. It consists of two staves: a piano part on the left and a glockenspiel part on the right. The piano part begins with a dynamic marking of *ff* and includes several notes marked with "led." and asterisks. The glockenspiel part features a series of sixteenth-note patterns. The system concludes with a double bar line and a small asterisk on the right.

The second system of the musical score. The piano part is marked *mf sempre* and the glockenspiel part is marked *sfz sempre*. The system shows a transition in dynamics, with the piano part moving from *mf* to *mp* and *p*, and the glockenspiel part moving from *sfz* to *mp* and *p*. The system ends with a double bar line.

The third system of the musical score. The piano part starts with *mp* and *p* dynamics, while the glockenspiel part starts with *p*. The system concludes with a double bar line and a *pp* dynamic marking in the piano part.

Woman is an empty vessel; she is filled but never full.

She empties but remains filled.

O womanly source of ten thousand things!

Sharpen the roundness,

braid what is loose,

emerge from the dust.

Oh ever present hidden womb!

From whence do you come?

You are the mother of all.

METAL CHIMES



♩ = 126 mechanical

sempre staccato

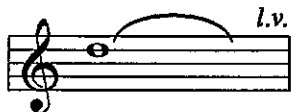
The first system of music consists of two staves. The upper staff is in treble clef and contains a series of eighth-note patterns, with the first two measures being a descending eighth-note scale and the following three measures being ascending eighth-note scales. The lower staff is in bass clef and contains a few notes, including a half note chord in the second measure. Dynamics include *mp* (mezzo-piano) and *f* (forte). Performance instructions include *Ped.* (pedal) and ** Ped.* (pedal).

molto rall. _____

The second system of music consists of two staves. The upper staff is in treble clef and contains a series of chords, with the first five measures being dyads (two-note chords) and the last two measures being single notes. The lower staff is in bass clef and contains a series of notes, with the first five measures being dyads and the last two measures being single notes. Dynamics include *mf* (mezzo-forte), *dim.* (diminuendo), and *pp* (pianissimo). A performance instruction *** is present.

Woman and man are ruthless;
 they see the ten thousand things as individual.
 God and goddess are ruthless:
 they see the people as individuals.
 The space between woman and man breathes.
 Together they become the center
 of shape-shifters.
 The form remains.

GLOCK.



♩ = 92 strong

The earth mother never dies.

She exults in the spirits of trees.

Her body is the gateway to above and below.

It is like a tunnel barely visible

between two worlds.

It always takes you home.

METAL CHIMES



♩ = 69 mysterious

p ————— *mf* ————— *ppp*

Red. * *Red.* * *Red.* * *ppp*

Woman and man go on forever.

Why do they not die out?

They are born of one another,
so never dying.

The wise woman always waits until last
so she is never left behind.

She is alone and so all one.

She is at-one-ment,

Through her care for us, we are not lonely.

GLOCK.



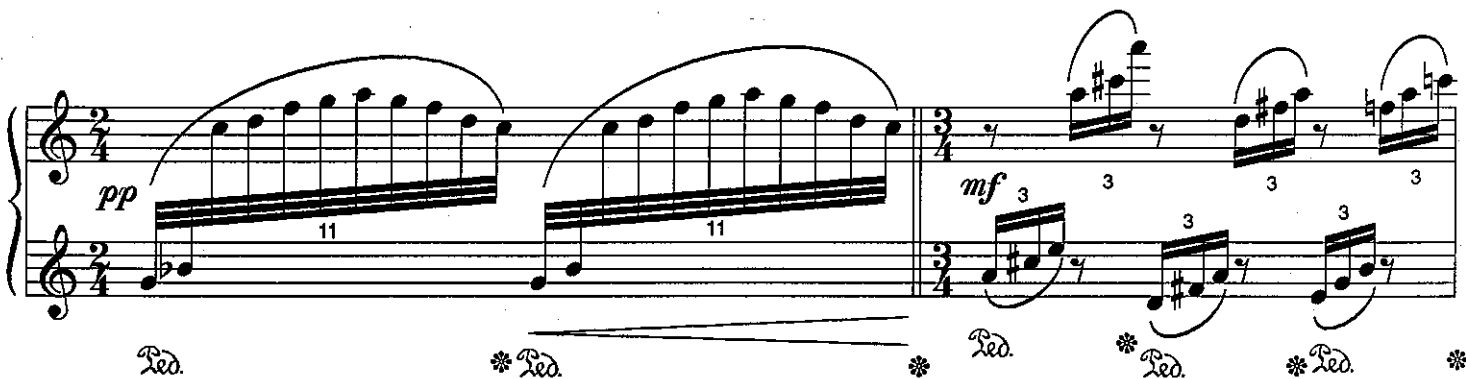
l.v.

♩ = 84 light and fluid

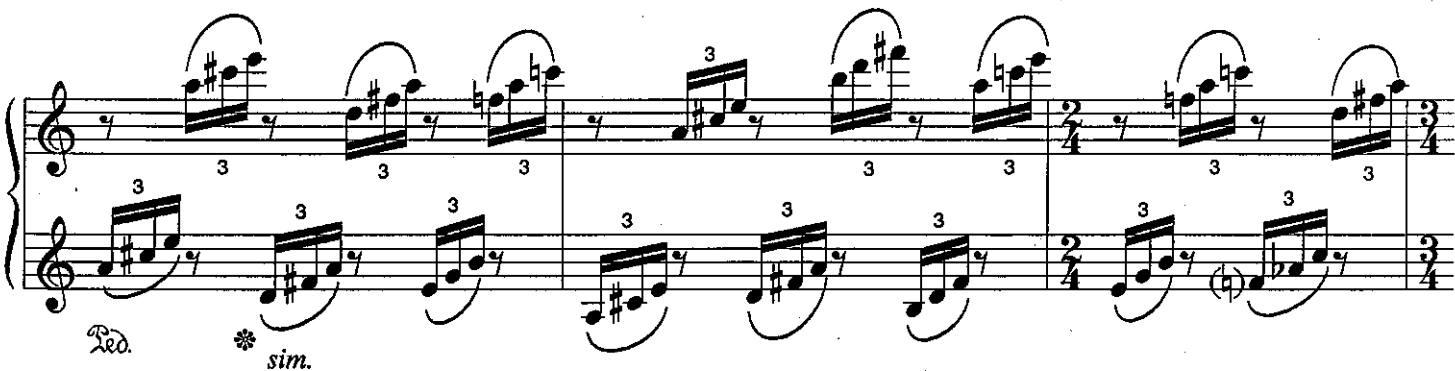


mp
Led. * *Led.* * *Led.* * *sim.*

slightly slower



pp 11 11 *mf* 3 3 3 3
Led. * *Led.* * *Led.* * *Led.* *



Led. * *sim.*

The wisest woman is like water.
 Like water, she births ten thousand things
 and does not push.
 Water flows even into dead places
 and so is like woman and her power.
 In living, stay close to woman.
 In prayer, sink within the blood of your heart.
 In your relationships with others,
 nurture and protect.
 In your words imagine the world.
 In your laws be natural.
 In your daily affairs, follow the thread which weaves.
 In taking action, go with the moon.

METAL CHIMES



♩ = 84 with movement

Better cut the cord than let the baby die.
 Overuse the knife and gain too much.
 Store up your powers and you'll have no protection.
 Claim worldly status and the spiral collapses.
 Dance when the work is done.
 This is the way of woman.

♩ = 104

METAL CHIMES *l.v.* GLOCK. *l.v.*

Bemidji MN 3/24/92

Carrying the female and the male and preferring but one,
 can you avoid a war?
 Paying attention and gaining flexibility,
 can you be like a new baby?
 Dirtying and redeeming the original knowledge,
 can you achieve purity?
 Loving all people and pronouncing law
 can you escape the robes of control?
 Understanding and opening to all things
 are you able to give birth?
 Bringing forth out of darkness, out of the self
 yet not claiming ownership,
 laboring yet honoring the miracle of life
 guiding yet not controlling,
 this is the art of motherhood.